

LETTER FROM THE EDITOR

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Summer is a time of lassitude and inertia, when major change seems both unlikely and unwelcome. Most of us concentrate on ways to relieve ourselves of our daily routine through ritualized and acceptable escape, commonly known as vacations. Summer reading is supposed to be light and as non challenging as possible. This issue of *Reflections* belies our expectations of summer, as the authors distill for us their experience of creating change and discovering, sometimes much later, the long-tailed consequences of their efforts. These narratives suggest the shock of the serendipitous, when something unexpected shakes a professional out of the cocoon of the familiar and forces a re-examination of self. Some of this reflection is painful, some is easier done with others and some is postponed as long as possible. While most of us would prefer to avoid the shock of the unpleasantly unfamiliar, the narrators presented here have stepped into the shadowy areas outside the clear edges of their expertise and found new terrain in which to flourish. I hope these narratives present you with the possibility of something new as well as inspiration for revision of something all too familiar.



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